

Lectio Divina

- **Read and re-read**, out loud and slowly the Gospel
 - **Meditate** on reading as being spoken to you, an experience in your life
 - **Pray** - Thanksgiving – Repentance – Petition
 - **Action** – Attitude (Call to change / to act / to do)
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August 12th 2012 19th Sunday Ordinary Time – Year B – John 6: 41 - 51

In this week's gospel we see the disciples complaining that Jesus could not be as he proclaimed "the bread that came down from heaven" because to them he was an ordinary person with a father and mother that they knew to be ordinary also. Jesus asks them to look beyond that ordinary reality and recognise that a meeting with him is not by chance but by Gods grace.

How often in our lives do we judge people on where they live, their parents or the jobs they have? Do we let ourselves see people as they really are in their own right?

Prayer:

Lord we thank you for our moments of deep prayer to which you draw us and by which we receive the grace to live in your presence.

Forgive us for the times we failed to see your good works and gifts in people because they were to us just "ordinary people" with ordinary parents.

Help us to recognise the possibilities in people of God to bring his good news to all through sharing their weakness as Jesus did in his life.

